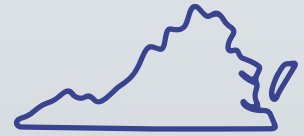


AN OVERVIEW OF VIRGINIA CRISIS INTERVENTION TEAMS

SINCE 2009, THE VIRGINIA CIT COALITION HAS SUPPORTED CRISIS INTERVENTION TEAMS TO IMPROVE BEHAVIORAL HEALTH CRISIS RESPONSE THROUGH COMMUNITY COLLABORATION, TRAINING, AND ADVOCACY.



What Is CIT?

CIT programs give front-line responders the training and tools they need to de-escalate crisis situations, recognize signs of behavioral health issues, connect individuals with resources, and reduce unnecessary arrests, bringing professionals together to help people in crisis.

Why it Matters

1,470,000

Adults in Virginia have a behavioral health condition

20%

of law enforcement calls for service involve behavioral health

2 in 5

incarcerated individuals have a behavioral health condition

Our Need

Continued funding and support from lawmakers and donors contributes to the continued delivery of high-quality, evidence-based trainings to first responders, promoting reductions in arrests and use of force, and increasing access to services and resources for individuals in crisis.

In 2024-2025: 38 CIT Programs

Across all 5 regions of the Commonwealth

218 Trainings

Provided by Virginia CIT and local CIT programs

3,720 Trained

In 40-hour trainings, train the trainers, & more

While the majority of students in CIT 40-hour classes are law enforcement, others involved include behavioral health, fire/EMS, dispatch, & more.



“If you work with the public, you need CIT. It changes how we connect, listen, and lead.”

-Lieutenant, Wise County Sheriff's Office

Training Impact

37%

Increase in familiarity with local resources

36%

Increase in the ability to connect person in crisis to resources

33%

Increase in preparedness to engage persons with mental health issues

33%

Increase in ability to de-escalate a person in crisis

VIRGINIA IS
NATIONALLY
RECOGNIZED AS
ONE OF THE
STRONGEST,
LONGEST-STANDING
CIT INITIATIVES IN
THE COUNTRY

VIRGINIACIT.ORG



The Crisis System in Virginia

